

#### Heather Cassie Executive Director, Founder

## Meet the team!



Heather Cassie is an amazing leader. Through her immense effort and deep passion, she, with the assistance of some close friends, has brought The Table from a dream of hers to reality. She founded The Table Soup Kitchen Foundation in 2006 with a steady hand and prayerful guidance. Our community is blessed to have her leading The Table through prayer and love to provide a source of food and connection in the name of Jesus Christ.

#### Michael Ankenmann Chairman of The Board

Michael Ankenmann moved to Huntsville in 1995 to serve at Camp Mini-Yo-We where he was the Executive Director from 1997 to 2016. Prior to Mini-Yo-We he worked with an international geotechnical engineering firm in Mississauga for 11 years. He currently serves part-time as the Manager of the Huntsville CAP Debt Centre at Faith Baptist Church, and as a wilderness guide. Michael assisted on a soup group in the early days of the Table and currently sees the value of the ministry of the Table through the eyes of some of his Debt Centre clients.



Linda Haslam-Stroud Secretary, Board Member



Linda Haslam-Stroud, RN has worked in healthcare for over 40 years, including President of the Ontario Nurses' Association, Trustee for the Healthcare of Ontario Pension Plan and Director for the Duke of Edinburgh, Commonwealth Leader Dialogue Canada. She has also done mission work with Medical Ministry International. She looks forward to supporting The Table in providing service to our guests and the community.

#### Alan Paton Treasurer, Board Member

Alan Paton has been involved in the Huntsville community for the past 30 years. His background covers 25 years in construction as a professional engineer and the past 20 years as a Financial Advisor with Sun Life. With a heart for helping others, he became a founding board member of The Table Soup Kitchen Foundation 15 years ago along with Heather Cassie, Dr. Laura Lewis and Dan Fera. He is passionate about the services and ministry of The Table, and proud that it has become known as a trustworthy and honourable charity.



Britta Gerwin Board Member



Britta Gerwin grew up in Huntsville and has been involved in the community for the past 20. Her career spans 25 years in CEO and senior management roles in the non-profit sector, including the Canadian Red Cross, Starlight Children's Foundation, Huntsville Hospital Foundation, and Habitat for Humanity Ontario Gateway North. She served two terms as a Director with The Table, and currently sits on the Hunters Bay Radio board and the Mississippi Madawaska Land Trust fund development & communications committee. She is a radio host and producer, wildlife photographer, and a partner in Nature by Runtz. She looks forward to supporting The Table and the community that we serve.

#### Anna Downey Operations Administrator

Anna Downey is Huntsville born and raised, and has a great heart for the community she serves. Since
Anna was young, it was always her passion to help those in need. Some of her kind work includes
volunteering in various soup kitchens, helping with the local St. Vincent de Paul, being a Peer Support
Worker, and fundraising with Team Homeless Night at St. Dominic's CSS. Through this, she learned that her
place was amongst people who need love. Two years ago, Anna felt God calling her to The Table and has
been a caring face to our guests and volunteers since. Her personal mission in life is to be a servant of the
people, and through The Table she has found a way to live her mission.



The interim board of directors of The Table Soup Kitchen Foundation would like to acknowledge the service of past Board Members Tyler Ellis, Josee Payne, Cindy Mahu-Coulson, and Tara Bell.

We have updated a number of policies and procedures to remain current with industry standards, and we would like to thank them for their contribution to that process.

# We at The Table Soup Kitchen Foundation deeply appreciate all of our amazing and giving volunteers. Here are some of our leaders, and why they serve <3



Amy Snow Volunteer Co-ordinator

I am proud and honored to serve the needs of community through The Table these past 5 years. I love hearing from volunteers how much their involvement has brought them and how this beautiful connection to community and their contributions enrich their life. To say it's rewarding to connect with these beautiful souls is an understatement. This role has brought me

such insight into the

human condition and

the power of love and

compassion.



Jane Stewart Food Bank Manager

I serve the table because I like to be part of a community that cares about everyone. I want to work at something that has a positive impact and allows me to give back some of the good fortune that I have been given.

For next years walk, sign up is at the official CNOY.org site, or, you can call our office for more info! we hope to see you there!





Susie La Rose Exchange Store Co-ordinator

I volunteer at the table because it is a rewarding way to serve the community. I love helping people and trying to meet a need even in some small way ie. A piece of clothing, a food item or just a hug.

Thank you to EVERYONE who participated in the Coldest Night of the Year

Thanks for making this Feb 25th, 2023 - our 11th annual Coldest Night of the Year Fundraiser, so amazing!

Thank you, Paula Paunic, for being our Event Director again this year!



Kim Baardolf + Julie Allgeier (not pictured) Soup Kitchen Co-ordinators and Food Rescue Lead Processors

I serve the community through the table because I am passionate about helping those in need. It is a truly worthwhile act in love. There is so much need, and I love to use my talents to serve those who are hungry, hurting, and homeless. It is a fun and exciting way to give back!



Colin Oke Food Rescue Co-ordinator

I am helping The Table Soup Kitchen Foundation because the services they provide the less fortunate in our community are invaluable. I have volunteered my time and energy to help provide the level of participation necessary to keep things running smoothly. My role is to help organize the volunteers who do Food Rescue Pickups in our community.



Table Talk is a quarterly newsletter sharing news and inspiration from The Table Soup Kitchen Foundation. We mail issues to our supporters and donors, along with a personalized thank you note. We appreciate the support, encouragement, and prayers of our community as well. Our volunteers, staff, guests, and Board send our thanks!

God is good!

### Ways to Donate

We always welcome food, financial donations, clothing and household items!

**CHEQUES** can be written to "The Table Soup Kitchen Foundation," and mailed to P.O. Box 5411, Huntsville, ON, P1H 2K7.

**ONLINE** donations can also be made at www.thetablesoupkitchenfoundation.ca.

IN PERSON at our Foundation office, 9 Hanes St., Huntsville. A member of our leadership team will be happy to receive your generous gift. Business hours are Monday to Friday 9am to 5pm, and Saturday 10am to 1pm.

Our current needs list is available on our Facebook, or email info@thetablefoundation.ca